

Elite Feet Dance Studio 2008-2009

September-June Class Schedule

Early Childhood Program

I CAN DANCE - ages 2 1/2 to 3 years

Monday - 9:30 - 10:00am

Tuesday - 9:30 - 10:00am

Tuesday - 10:15 - 10:45am

Tuesday - 1:30 - 2:00pm

Thursday - 10:00 - 10:30am

Thursday - 5:00 - 5:30pm

Friday - 10:00 - 10:30am

Friday - 5:00 - 5:30pm

Saturday - 12:00 - 12:30pm

This 1/2 hour class introduces the wonderful world of dance and movement.

This program includes rhythm, flexibility, balance, coordination and creativity through song and story interpretations.

WATCH ME DANCE - ages 4 to 5 years (Pre-School age)

Monday - 10:15 - 11:00am

Monday - 4:30 - 5:15pm

Tuesday - 2:00 - 2:45pm

Wednesday - 2:00 - 2:45pm

Friday - 5:30 - 6:15pm

Saturday - 9:30 - 10:15am

Saturday - 11:15 - 12:00pm

This 45 minute class provides the beginning principles of ballet and tap. The program includes rhythm, flexibility, balance and coordination skills while moving to music.

GOTTA DANCE - ages 5 to 6 years (Kindergarten - 1st Grade)

Combo class (Ballet, Tap and Jazz)

Monday - 5:15 - 6:15pm

Tuesday - 4:30 - 5:30pm

Saturday - 10:15 - 11:15am

This 1 hour class provides a variety of learning skills in an educational and fun filled environment. In addition to teaching the beginning techniques of ballet, tap and jazz, students learn important basics such as classroom etiquette, musical awareness, expressing emotions through movement and more.

LET'S DANCE 1 - ages 7 to 9 years - Combo Class (Ballet, Tap and Jazz)

Thursday - 6:30 - 7:45pm

This 1 - 1/4 hour class provides a variety of learning skills in an educational and fun - filled environment. In addition to learning the beginning techniques of ballet, tap and jazz students learn important basics such as classroom etiquette, musical awareness, expressing emotions through movement and more.

LET'S DANCE 2 - ages 6 to 8 years

*Tuesday - 5:30 - 6:15pm - Ballet

*Wednesday - 5:30 - 7:00pm - Tap and Jazz

* **Director's approval**

These classes are provided for the student who wants to spend more time on each technique. The asterisk indicates need of Directors approval to take the classes. The student will also have the advantage of having more than one teacher during tap and jazz class.

Pre-Teen Classes - ages 10 to 12 years

COMBO CLASS - (Ballet, Tap and Jazz) Tuesday - 6:15 - 7:45pm

TAP - Monday - Beginner/Intermediate 7:15 - 8:15pm

JAZZ - Tuesday - Beginner/Intermediate 6:45 - 7:45pm

BALLET - Thursday - Beginner/Intermediate 6:15 - 7:15pm

These 1 hour classes are for the beginner/ intermediate dancer. Students learn the important basics of ballet, tap and jazz.

Teen Classes - ages 13 and up

TEEN TAP - Monday - Beginner/Intermediate - 8:15 - 9:15pm

TEEN TAP - Wednesday - Intermediate/Advanced - 8:00 - 9:00pm

TEEN JAZZ - Tuesday - Beginner/Intermediate - 7:45 - 8:45pm

TEEN BALLET - Thursday - Beginner/Intermediate - 6:15 - 7:15pm

These classes are offered for the student who is taking dance for the recreational fun of movement and exercise. The classes are still taught by our professional staff offering their expertise in the technique of dance but in a more relaxed setting than someone interested in pursuing dance as a career and taking our level classes. If your child has been taking for several years we will consider putting him/her in our level classes pending the director's approval.

Leveled Technique Classes

The following classes are individual technique classes in Ballet, Ponte, Tap, Jazz, Lyrical and Modern. Individual technique classes usually start at about 8 to 9 years of age. Ages may vary according to the number of years the student has taken. All these classes need the Directors approval to participate.

MORE ADVANCED DANCER

LEVEL 1 - ages 9 to 11 years

LEVEL 2 - ages 11 to 12 years

LEVEL 3 - ages 13 and up

LEVEL 4 - ages 13 and up

LEVEL 5 - ages 15 and up

Ballet

LEVEL 1 - Monday - 4:30 - 5:30pm

LEVEL 2 - Tuesday - 4:30 - 5:30pm

LEVEL 3 - Monday - 7:00 - 8:30pm

LEVEL 3/4 - Friday - 5:00 - 6:30pm

LEVEL 4 - Tuesday - 5:45 - 7:15pm

LEVEL 5 - Monday - 5:30 - 7:00pm

LEVEL 5 - Thursday - 4:00 - 5:30pm

LEVEL 3/4/5 - Ballet Technique - Saturday - 9:00 - 10:00am

Ballet is the foundation for all dance techniques. Each class is structured with barre, center and across the floor technique.

Pointe

PRE-POINTE - Friday - 6:30 - 7:15pm

LEVEL 3 - Monday - 8:30 - 9:15pm

LEVEL 4 - Tuesday - 7:15 - 8:00pm

LEVEL 5 - Thursday - 5:30 - 6:15pm

Must be at least 12 years of age. Student must be approved by Director before starting pointe.

VARIATIONS CLASS - Saturday - 10:00 - 11:00am

Classes focus on learning choreography from famous Ballets.

Tap

LEVEL 1 - Monday - 6:15 - 7:15pm

LEVEL 2 - Thursday - 5:30 - 6:30pm

LEVEL 3 - Monday - 5:30 - 6:30pm

LEVEL 4 - Monday - 6:30 - 7:30pm

LEVEL 5 - Monday - 7:30 - 8:45pm

Classes focus and build on the rhythm, musicality and the different styles of Tap dance. Our Tap curriculum includes Classical Rhythm and Broadway styles.

Jazz

LEVEL 1 - Wednesday - 4:30 - 5:30pm

LEVEL 2 - Wednesday - 6:45 - 7:45pm

LEVEL 3 - Thursday - 5:45 - 6:45pm

LEVEL 4 - Tuesday - 4:30 - 5:30pm

LEVEL 5 - Wednesday - 7:45 - 8:45pm

Classes focus and build on the many techniques of Jazz dancing. Jazz classes are usually a favorite for the dance student because of its fast pace and upbeat music.

Lyrical

LEVEL 1 - Wednesday - 5:45 - 6:45pm

LEVEL 2 - Tuesday - 5:45 - 6:45pm

LEVEL 3 - Thursday - 4:30 - 5:30pm

LEVEL 4 - Thursday - 6:45 - 8:00pm - Lyrical/Modern

LEVEL 5 - Thursday - 7:30 - 8:45pm - Lyrical/Modern

Classes focus on balance, strength, and flexibility. Classes include a warm - up with combinations in the center and across the floor. Students concentrate on the words and emotions of the music to improve their overall performance. Level 4 and 5 will include Modern technique.

Hip Hop Classes

HIP HOP - (ages 7 -9 years) - Wednesday 4:30 - 5:30pm

HIP HOP - (ages 10 -12 years) - Wednesday 7:15 - 8:15pm

HIP HOP - (ages 13 and up) - Wednesday 6:15 - 7:15pm

In this one hour class learn the latest Hip Hop moves. Great class for students that have never taken dance.

Fall '08

Adult Classes:

ADULT BALLET - Tuesday - 8:00 - 9:00pm
BEGINNER ADULT TAP - Thursday - 7:45 - 8:45pm
INTERMEDIATE/ADVANCED ADULT TAP - Thursday - 8:15 - 9:15pm
ADULT JAZZ - Wednesday - 8:15 - 9:15pm
Adult classes will be offered in six week sessions. \$60.00 per session.

Acrobatics Classes:

KINDER ACRO - 3 to 5 years
Wednesday - 5:30 - 6:15pm

BEGINNER ACRO - ages 6 and up
Wednesday - 4:30 - 5:30pm

INTERMEDIATE ACRO - ages 6 and up
Wednesday - 7:00 - 8:00pm

ADVANCED ACRO
Monday - 4:30 - 5:30pm

These classes will focus on artistic and controlled use of movement in conjunction with basic gymnastics tumbling. This class will benefit the student in their development of balance, speed, strength, flexibility, agility and coordination. The use of proper technique, execution, good form and safety will be stressed.

Friday Nights At Elite Feet Dance Studio:

Ballroom classes are offered at the studio on Friday nights with the first class starting at 6:30pm. The classes are offered in sessions. For more information and registration please call Lee Ann Wolff at 240-529-4961.

2008 - 2009 Tuition Rates:

Tuition is due the **1st of each month**
\$10.00 late fee after the 10th
\$25 returned check fee
Season consists of 36 weeks of scheduled classes. Nine equal monthly payments are collected. Your first monthly payment and new student registration fee are required to reserve your class space. No registration fee for returning students.

REGISTRATION FEE:
A one time fee of \$25 per family

TUITION RATES: Rate shown below is per month

1/2 HOUR CLASS - \$35 per month
3/4 HOUR CLASS - \$40 per month
1 HOUR CLASS - \$50 per month
1 1/4 HOUR CLASS - \$55 per month
1 1/2 HOUR CLASS - \$60 per month
HALF SESSION - (18 weeks) - Discount 5%
FULL SESSION - (36 weeks) - Discount 8%
1ST CLASS - Full Rate
2ND CLASS - \$5 off full rate
3RD CLASS - \$10 off full rate
4TH CLASS - \$15 off full rate
5TH CLASS - \$20 off full rate
6TH CLASS - \$25 off full rate
UNLIMITED CLASSES - \$250 per month
ADULT CLASSES - 6 week session for \$60

Open House Dates For Fall 2008 Registration:

THURSDAY - July 24th - 4:00 - 8:00pm
SATURDAY - August 9th - 10:00am - 4:00pm

Elite Feet Dance Studio Mission Statement:

My goal for the dance program at Elite Feet Dance Studio is to bring students a quality program in the technique and education of dance. To achieve this goal, the dance staff at Elite Feet Dance Studio are either professionally trained or have graduated from college with a degree in dance. We strive to present ourselves at all times in a professional manner while teaching our classes. For more information on our staff and program go to our website www.elitefeetstudio.com



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